| Table 1. We have assessed our practice for risks outlined and put in additional processes as detailed below | |
| --- | --- |
|  | |
| **Undertaken a risk assessment** | Risk assessment as of 21/6/2022   * Risk assessment will be updated for adaption as required once practice has resumed, or following a change in government guidelines |
| **Heightened cleaning regimes** | * Disinfecting by wiping down plinth cover and pillows, and areas of contact for each patient |
| **Increased protection measures** | * No fabric plinth covers, throws, curtains, or hand towels. Wipe clean plinth cover and pillow cases, paper hand towels * Full length couch roll over plinth only if required * No access to (already limited) bathroom facilities unless absolutely necessary |
| **Put in place distancing measures** | * Initial conversation in appointment will be carried out at >1 metre apart |
| **Practitioner training** | * Handwashing technique BMJ learning <https://www.youtube.com/watch?v=suUFO7FgKEw> * Donning of Personal Protective Equipment (PPE) Public Health England <https://www.youtube.com/watch?v=kKz_vNGsNhc&feature=youtu.be> * Removal and disposal of Personal Protective Equipment (PPE) (PHE)<https://www.youtube.com/watch?v=oUo5O1JmLH0&feature=youtu.be> |
|  |  |

**Initial date: 09/06/2020**

**Latest update: 21/06/2022**

| Table 2a. Protection of staff and patients before they visit, and when in, the clinic. | | |  |
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|  | **Description of risk** | **Mitigating action** | **When introduced** |
| **Pre-screening for risk before public/patients visit the clinic** | Patient attends clinic who is contagious with COVID 19, or may already be vulnerable to the virus.  Patient is overly worried about attending. | Patients may be screened prior to their appointment to ensure they are safe to attend:   * Screening for extremely clinically vulnerable patients, as per the NHS guidance on vulnerability * Be screened for any symptoms of COVID 19 in the last 5 days? * Screen to see if a member of their household had/has symptoms of COVID-19, or they have been in contact with someone with suspected/confirmed COVID-19 in the last days?   Patients will be informed of the risk of face to face consultation because of attending the clinic, and told if the practitioner is experiencing symptoms of COVID-19. This will be documented in their clinical notes.  If they have answered in the negative for the above questions, and that they are happy to attend for the last statement, they can attend their appointment. | 17/09/2020  Updated 21/06/2022 |
| Confirmed cases of COVID 19 amongst staff or patients? | Further spread of COVID 19 | Following the current government guidance:   * If the practitioner or a patient has symptoms of COVID19 or tests positive you will be informed, and advised according to government guidance. * Any patient not directly in contact with the COVID patient must be advised of the situation, and maintain vigilance, but do not need to self-isolate. | 21/06/2022 |
| Travel to and from the clinic |  |  | Removed 21/06/2022 |
| Entering and exiting the building | Contraction of virus from surfaces | * Practitioner will come/leave work in one set of clothing, and change into work wear in the clinic. * Patients will be required to wash their hands, and/or use hand sanitiser upon arrival. | 21/06/2022 |
| Reception | Contraction of virus from surfaces | * The hand sanitiser will be available in this area | 21/06/2022 |
| Social/physical distancing measures in place |  | * The consultation will be conducted with a suitable distance between practitioner and patient | 21/06/2022 |
| Face to face consultations (in-clinic room) | Contraction of virus from practitioner  Unknowingly infecting clinic | * The seat will be obvious as where to sit in the treatment room * The practitioner and patient will be >1 metre apart for as much of the appointment as possible | 21/06/2022 |

| Table 2b Hygiene measures  We have assessed the following areas of risk in our practice and put in place the following heightened hygiene measures | | | |
| --- | --- | --- | --- |
|  | **Description of risk** | **Mitigating action** | **When introduced** |
| Increased sanitisation and cleaning | Contraction of virus from surfaces | Disinfectant applied to any area in contact with a patient  Actions to minimise the number of surfaces requiring cleaning   * Removal of all clinical linen * Use of hand sanitiser or washing of hands for patient and practitioner | 09/06/2020  Updated: 21/06/2022 |
| Aeration of rooms  NO LONGER REQUIRED |  |  | Updated: 17/09/2020 |
| Staff hand hygiene measures | Contraction of virus from body contact | * Bare below the elbow/hand washing before patients | 09/06/2020  updated 21/06/2022 |
| Respiratory and cough hygiene | Contraction of virus from air particles | * Hand hygiene facilities available for patients, and practitioner * Mask worn if required/requested by either patient or practitioner | 09/06/202  updated 21/06/20220 |
| Cleaning rota/regimes | Contraction of virus from surfaces | * A written record of cleaning time and areas | 09/06/2020 |
| Non-PPE Clothing/cloths | Contraction of virus from surfaces | * Clinic clothes will be taken off site for washing | 09/06/2020  Updated 01/12/21 |

| Table 3. Personal Protective Equipment: Detail here your policy for use and disposal of PPE | |
| --- | --- |
| Clinicians will wear the following PPE | * Single-use nitrile gloves, fluid resistant surgical mask and plastic apron with each patient if required |
| When will PPE be replaced | * When potentially contaminated, damaged, damp, or difficult to breathe through |
| Patients will be asked to wear the following PPE | * Face masks if required |
| PPE disposal | * Bagged and placed in normal waste for collection by the local authority. |

| Table 4. Communicating with patients: Detail here how you will advise patients of measures that we have taken to ensure their safety and the policies that have been put in place in our clinic | |
| --- | --- |
| Publishing your updated clinic policy | * Information can be emailed to patients if they request, but otherwise they will be directed to the website * Available on the website |
| Information on how you have adapted practice to mitigate risk | * Updating of website in line with government guidelines |
| Pre-appointment screening | * The practitioner will call/message/email prior to scheduled appointment * The patient wil fill in form online prior to starting the appointment. |
| Information for patients displayed in the clinic | Detail here any patient information posters that you have in your clinic e.g.   * Notices on other public health measures e.g. hand washing |
| Other patient communications | Patients are asked to contact practitioner if they subsequently develop symptoms |